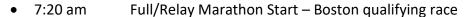
Saturday Runner Information

Start line located at Kato Moving & Storage, Mayflower | 417 Poplar Street



8:00 am Monarch Healthcare Management 10K Start

8:30 am Half Marathon Start



Races are chip timed by Anderson Race Management. To see your results, go to www.mankatomarathon.com/results. Computers will be available at the Post Race Information booth to check results and claim age group awards. Results sponsored by ISG.

<u>AWARDS</u>

Overall winners for the Marathon, Half Marathon, Relay and 10K will receive a trophy from Vetter Stone. If you are an overall winner, you are not eligible to receive an age category award.

9:10am – Monarch Healthcare Management 10K 1st Place Male & Female

11:30am - Half Marathon 1st, 2nd & 3rd Place Male & Female

11:30am – Full Marathon 1st, 2nd & 3rd Place Male & Female

11:30am – Relay 1st Place Male, Female & Co-Ed Teams

Age category awards will be awarded to 1st, 2nd and 3rd place for Males and Females in each age category for the Full, Half, and 10K.

PARKING

Parking is available in our downtown parking ramps, side streets and lots. For specific locations please see the website, or scan the QR code →



BAG CHECK

Marathon, Half Marathon, first runner on Relay Team, and 10K runners will be able to check their belongings on race day at the start line bag drop. At packet pick-up, runners will receive their official Mayo Clinic Health System Drop Bag. Before your race, fill out your information on the bag and fill it with your warm-up clothes. BAG DROP is located at the start. Items must be in your Mayo Clinic Health System Drop Bag. NO OTHER BAGS ALLOWED.

All race bags will be moved to the Post Race area and be placed in a location that only participants are allowed. You will need to show your bib to pick up your bag after the race. Please do not put valuables in the drop bag as we do not accept responsibility for loss or theft. Any unattended bags left anywhere on the grounds will be confiscated. The Runner Bag Drop will be heavily monitored, and bags used at bag drop are subject to be searched.

CLOTHING DROP ZONES

The Mankato Marathon has partnered with River Valley Running to provide clothing drop zones at the first three water stops on the full and half marathon routes. Clothing items will be collected from the course and brought to River Valley Running in Mankato where the runners will have until 10/26/2022 to claim their items. All items that go unclaimed will be donated to a local organization. We recommend that any clothing you want returned to you at the end of the race be brought to bag drop. We do not accept responsibility for loss or theft.

RULES OF THE ROAD

- No one is allowed on the course without a properly issued race number.
- Help keep the course beautiful by not littering. Respect the property of others while spectating.
- No vehicles of any kind are allowed on the course. The course can be crossed only at designated intersections.
- Bikers should stay well off the course and watch for spectators as much as for runners.

 Continue on back

- Spectators must stay clear of the course and off the roads to avoid interfering with the participants.
- Hold animals on a short leash. Keep them away from runners and be considerate of others.
- Always watch your children. There will be thousands of participants and spectators at the events.
- Lost and found will be located at the Visit Mankato Information Booth at Post Party.

HEADPHONE POLICY

Participants are allowed to use headphones and similar devices at this event but at their own risk. For the safety of all the participants, we strongly encourage a headphone-free environment at this race. Therefore, if you are wearing headphones or similar devices during the event, please turn them off or remove them when coming to an intersection that is monitored by police or course marshals.

MEDICAL PERSONNEL AND AID STATIONS

There are 15 medical aid stations along the marathon/half course and a medical field station at the finish. They are marked on the map with a first aid symbol. For medical assistance along the course, look for personnel in red shirts, they will be available to assist you.

POLICE OFFICERS

Officers will be located at all major intersections where traffic intersects the course. They will also be patrolling the course. Please keep in mind this is not a closed course. You must still follow the rules of the road.

VOLUNTEERS

There are nearly 800 volunteers on marathon weekend. Most are not associated with the event except for one weekend a year, so understand that they may not have the answers to all your questions. However, in an emergency, do not hesitate to go to them for assistance as they should know how to get proper help quickly. Volunteers for the marathon can be identified in bright, green-colored shirts.

PACING ASSISTANCE

FULL MARATHON PACE GROUPS:	HALF MARATHON PACE GROUPS:
3:25 (7:49/mile)	1:35 (7:15/mile)
3:35 (8:12/mile)	1:40 (7:38/mile)
3:50 (8:59/mile)	1:45 (8:00/mile)
4:00 (9:09/mile)	1:50 (8:24/mile)
4:15 (9:43/mile)	1:55 (8:47/mile)
4:30 (10:17/mile)	2:00 (9:09/mile)
5:00 (11:26/mile)	2:10 (9:55/mile)
	2:15 (10:17/mile)
	2:20 (10:41/mile)
POST RACE FESTIVITIES	2:30 (11:26/mile)

There are a variety of activities planned for post-party festivities. Be sure to stop by and check out the restaurants and experience some of Mankato's best.

The free Mankato Brewery beer provided to each runner (21 years and older) that crosses the finish line on Saturday, is located the post-party. Look for the Beer tent and have your Driver's License or ID available.

Friday and Saturday Night enjoy our many great restaurants and parks, or the City Art Walking Sculpture Tour. Be sure to check out the Friday pasta specials at area restaurants and other specials on the website at mankatomarathon.com or scan the QR code. →

